

















St Louis Nursing Home Social Program December 2019



This program is flexible and may change. Outings may be cancelled due to inclement weather.

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
30 11.00  Exercise Class 2.00pm Craft Mozaic	31  10.00am Preparing platters for pm party 2.00pm New Years Eve Party					1 AM Relaxation 2.30pm Bingo
2  11.00 Exercise Class 2.15pm Games Tables stack'em up, puzzles	3  Unley Library Visit 2.15pm Scrapbooking	4 No Bus Trip 10.00am Unstructured Activies in the Bistro 2.00pm Filming Tik Tok with Scotch Students	5  9.30am Hairdresser by appointment 1.30pm Miniature Horse Visit	6  11.00am Exercise Class 2.00pm St Spyridon College Concert	7 AM Relaxation 2.30pm Cards	8 AM Relaxation 2.30pm Movie in the East Lounge
9  11.00 Exercise Class 2.15pm Art with Amber (Abstracts)	10 10.00am Homelike Activites: folding/ironing, peeling vegetables 2.00pm Unley Choir Xmas Singers	11  10.00am Morning Melodies Bus Trip 2.00pm Gingerbread House	12  9.30am Hairdresser by appointment 2.30pm Art Therapy with Alan	13  11.00am Exercise Class 2.30pm Stars of the Nile	14 AM Relaxation 2.30pm Bingo	15 AM Relaxation 2.30pm Documentary in the East Lounge
16  11.00 Exercise Class 2.15pm Clay Modelling	17 10.00am Homelike Activites: folding/ironing, peeling vegetables 2.15pm Piano Students Concert	18 10.00am Matching Games 2.30pm Christmas Church Service	19  9.30am Hairdresser by appointment 2.30pm Art Therapy with Alan	20  11.00am Exercise Class Resident's Christmas Lunch 	21 AM Relaxation 2.30pm Board Games	22 AM Relaxation 2.30pm Movie in the East Lounge
23  11.00 Exercise Class 2.15pm White board game - hangman	24 10.00am Homelike Activites: folding/ironing, peeling vegetables 2.00pm Happy Hour	25 PUBLIC HOLIDAY Christmas Day  12.00noon Christmas Lunch Relaxation afternoon	26 PUBLIC HOLIDAY Boxing Day No Bus Trip 1.30pm SAI Choir	27  11.00am Exercise Class 2.15pm Resident's Birthday 	28 AM Relaxation 2.30pm Pay it forward Bingo	29 AM Relaxation 2.30pm Documentary in the East Lounge