

St Louis Nursing Home Social Program February 2019



This program is flexible and may change. Outings may be cancelled due to inclement weather.

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
				1 11.00am Exercise 2.00pm Activity Reminisce	2 AM ABC TV 2.30pm Pay it Forward Bingo	3 11.00 Songs of Praise 2.30pm Movie in the East Lounge
4 11.00am Exercise 2.30pm Unstructured activities	5 AM Hairdresser by appointment 2.00pm Reading Group with Diane	6 10.30am Forget me not Bus Trip 2.00pm Indoor Cricket	7 11.00am Bus Trip 2.30pm Art Therapy with Alan	8 11.00am Exercise 2.30pm Card Games	9 AM ABC TV 2.30pm Armchair Travel - Fascinating Greece	10 11.00 Songs of Praise 2.30pm Movie in the East Lounge
11 11.00am Exercise 2.30pm Unstructured activities	12 AM Hairdresser by appointment 2.00pm Reading Group with Diane	13 10.00am Morning Melodies 2.00pm Cooking Italian Ricotta Cake	14 11.00am Bus Trip 2.00pm Valentine's Day - make choc dip strawberries	15 11.00am Exercise 2.30pm Celebrity Head Game	16 AM ABC TV 2.30pm Pay it Forward Bingo	17 11.00 Songs of Praise 2.30pm Movie in the East Lounge
18 11.00am Exercise 2.30pm Unstructured activities	19 AM Hairdresser by appointment 2.00pm Reading Group with Diane	20 10.30am Forget me not Bus Trip 2.00pm Boggle Game	21 11.00am Lunch Bus Trip 2.30pm Art Therapy with Alan	22 11.00am Exercise 2.30pm Rod Hough Piano Concert	23 AM ABC TV 2.30pm Summer Wordfind and Scrabble	24 11.00 Songs of Praise 2.30pm Movie in the East Lounge
25 11.00am Exercise 2.30pm Unstructured activities	26 AM Hairdresser 2.00pm Reading Group with Diane 3.15pm Resident's Birthday party	27 10.00am Morning Melodies 2.30pm Church Service	28 11.00am Lunch Bus Trip 2.30pm Mardi Gras Happy Hour			