














St Louis Nursing Home Social Program February 2021



This program is flexible and may change. Outings may be cancelled due to inclement weather.

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
1 10.00am Montessori Activities 2.15pm Arts and Crafts	2 AM Unley Library 10.00am-11.30am Montessori Activities and walks with Wendy 2.15pm White Board Games	3 AM Beauty Therapy 10.00am Montessori Activities 2.00pm Card Games or Monopoly	4 10.30am Bus Trip  2.30pm Webinar in Link. COVID 19 vaccination - what you need to know	5 10.00am Montessori Activities 2.00pm Exercise Class 3.00pm Movie - The Crown 	6 AM Relaxation 2.15pm Dice Games	7 AM ABC TV Songs of Praise 2.15pm Sunday Movie - The Dig
8 10.00am Montessori Activities 2.15pm Valentine's Day Arts and Crafts 	9 10.00am-11.30am Montessori Activities and walks with Wendy 2.15pm Pay it forward Bingo	10 10.00am Montessori Activities 2.00pm Word Search or Monopoly	11 10.30am Bus Trip  2.30pm Art Therapy	12 10.00am Montessori Activities 2.00pm Exercise Class 3.00pm Movie - The Crown 	13 AM Relaxation 2.15pm White Board Games	14 VALENTINE'S DAY  AM ABC TV Songs of Praise 2.15pm Sunday Movie - The Notebook
15 10.00am Montessori Activities 2.15pm Arts and Crafts 	16 10.00am-11.30am Montessori Activities and walks with Wendy 2.15pm White Board Games	17 AM Beauty Therapy 10.00am Montessori Activities 2.00pm Jigsaw puzzles or Board Games	18 10.30am Bus Trip  2.30pm Nonna's Kitchen	19 10.00am Montessori Activities 2.00pm Exercise Class 3.00pm Movie - The Crown 	20 AM Relaxation 2.15pm Quoits and Bowls	21 AM ABC TV Songs of Praise 2.15pm Sunday Movie - 'Jackie', the tale of two sisters
22 10.00am Montessori Activities 2.15pm Arts and Crafts 	23 10.00am-11.30am Montessori Activities and walks with Wendy 3.00pm Resident's Meeting	24 10.00am Activities 2.30pm Church Service or Card Games Resident's Birthday Party 	25 10.30am Bus Trip  2.30pm Art Therapy 	26 10.00am Montessori Activities 2.00pm Exercise Class 3.00pm Movie - The Crown 	27 AM Relaxation 2.15pm Bingo	28 AM ABC TV Songs of Praise 2.15pm Sunday Movie - Enloa Holmes