



St Louis
Aged Care



Let our
family help
take care
of yours.

About St Louis

St Louis Aged Care was established by Adelaide nurse Dorothy Mary Naish in the leafy suburb of Parkside more than 75 years ago and has been providing the highest quality care for South Australian families ever since. The Naish family proudly continue Dorothy's legacy today.



"St Louis is the most wonderful facility. It has a great culture, I felt is as soon as I opened the door"



Receive the best of care in our home

Our St Louis Nursing Home team looks after our close-knit 'family' of 45 residents, providing experienced, individualised and around-the-clock care coupled with warmth and companionship.

We work together with our residents and their families to identify individual care

needs and to develop a tailored program of care that incorporates various social and lifestyle activities which promote greater health and well-being.

With one of the highest carer to resident ratios in Adelaide, our carefully selected in-house staff create and nurture in an environment that feels like home.

St Louis and the Naish family

A wide range of aged care services

St Louis offers all the benefits of being a boutique nursing home, while offering access to a wide range of aged care and lifestyle services.



A coffee lounge for residents, friends and family overlooking a beautiful internal garden courtyard

With residency available on a permanent or respite basis, we offer **24-hour onsite nursing** and personal care, as well as onsite allied health and GP services. All staff are employed by St Louis, with no agencies used.

We are an 'Extra Service' nursing home

As an accredited 'Extra Service' residence, our nursing home provides a significantly higher level of quality aged care services to our residents. **These extra services are included as part of our normal service delivery.**

Some of the stand out features at St Louis covered in the extra services fee are:

- ✓ Smart TVs with access to cable TV in resident lounge
- ✓ Resident wi-fi internet access
- ✓ Spacious, interior-designed, fully-furnished rooms with individual ensuite amenities
- ✓ High comfort Swedish Oksar Area Zone mattresses on all beds
- ✓ Elegantly designed and technically advanced Sentida Wi-Bo beds
- ✓ Availability of king singles for extra length and width for resident comfort
- ✓ In house specialist physiotherapist available
- ✓ Registered Nurse on duty 24/7
- ✓ Variety and choice in daily meal options including wine, beer or soft drink with every meal
- ✓ A coffee lounge for residents & friends
- ✓ Regular resident outings
- ✓ Extensive activity program that includes options to join swimming and exercise programs
- ✓ Performances and entertainers



*"Mum is so lucky
to be part of the
St Louis Family
and you have,
as always, our
heartfelt thanks"*



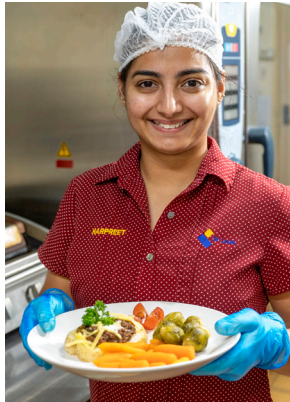
Our nursing home feels like home

Feel like you're at home in our light-filled residence

Our nursing home offers residents the chance to enjoy social activities in one of our spacious living areas. Our courtyard gardens are a lovely place to sit and read a book, enjoy the sun, and chat with friends and family. While our resident cats Percy and Poppy are always available for a pat.

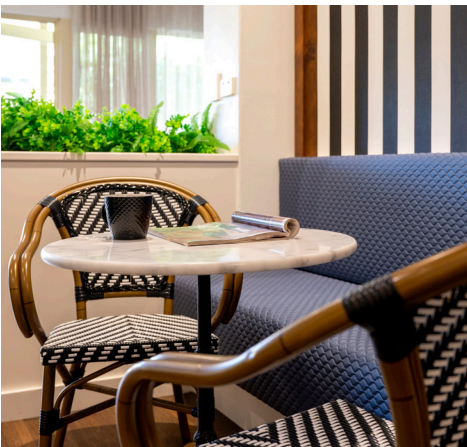


Dining Room and social areas



Nutrition

We pride ourselves on an ever-evolving menu to offer a range of delicious, dietitian-approved meals for our residents. All meals are freshly prepared onsite by our St Louis kitchen staff and any dietary requirements (or requests!) are easily accommodated. Plus a refreshing glass of wine beer or soft drink is offered with every meal.

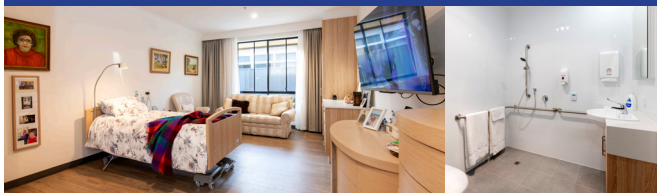


Sleep peacefully in our spacious rooms

Our single rooms are modern, spacious and fully furnished with a private ensuite, individually-controlled air conditioning, smart TV's and garden views.

We have 3 sized rooms available:

Extra large single room with private ensuite



Standard single room with private ensuite



Small single room with private ensuite



We encourage our residents to bring their own belongings and make their rooms feel like home

Our staff are committed to helping our residents live a fulfilling life and we will do everything we can to ensure they enjoy their time with us.

Careapp connection

Assistive technologies bring peace of mind and connection with family and friends

CareApp is a dedicated smartphone communications app that is offered free of charge to all St Louis residents and their loved ones.

It is a private communications tool that helps your family stay connected to you,

especially if they can't always be there. You get to choose who you would like to be included in your private CareApp community.

CareApp provides a personalised and reassuring window into your care and wellbeing whilst being supported by the St Louis team.

With a social life too

At St Louis, we're redefining aged care and what it means to be living life in a nursing home. We offer a range of social, exercise and artistic programs aimed at keeping our residents happy, engaged and entertained. We were recognised for our swimming program with an Award for Excellence from the Diversional & Recreational Therapy Association.

Regular social outings to cafes, libraries, cinemas, shows, chocolate factories, museums and bowling centres (to name just a few) enable our residents to stay connected with the wider community. We have our own buses and take residents out to places they enjoy weekly. We welcome family members and friends to join us on these outings.

*"I am so lucky to have
such a wonderful physio
service at the St Louis
nursing home.
You fix our bodies and
always lift my spirits.
Thank you"*



Your family can be kept up to date through messages from the nursing home team, as well as photos of the fun social outings you may be enjoying.

CareApp is easy to use and works seamlessly on any smart phone, computer or tablet, meaning that your family can access CareApp anytime, anywhere.



Explanation of the Fees payable

The majority of fees are set by the Department of Health and the Department of Human Services and are reviewed regularly.

There are two types of fees that apply when entering a nursing home:
Accommodation fees and Daily Services fees.

Accommodation Fees

- A refundable accommodation deposit (RAD) is the lump-sum payment for a room in an aged care home. This is like a bond and is refundable at exit. The published price is for residents who are not eligible for Australian Government assistance. To be eligible for government assistance you will need to meet the income and assets criteria which can be seen here: <https://www.myagedcare.gov.au/aged-care-home-costs-and-fees>
- Each residential aged care provider sets their own maximum price for different kinds of rooms and is published on the My Aged Care website. You and the home can negotiate and agree to a lower price, but you cannot be charged more than the maximum published price.
- (DAP) is a daily payment contributing to the cost of the accommodation and is paid periodically (fortnightly or monthly). This is not a refundable payment. The DAP is calculated based on the refundable accommodation deposit (RAD), multiplied by the maximum permissible interest rate divided by 365 days. This interest rate is set by the government and is reviewed regularly.
- Combination payment of RAD and DAP can be negotiated if requested. This may suit some people.

Daily Services Fees

- The Basic Daily Fee is an amount that everyone pays for the day-to-day services they receive at the home.
- The Means-Tested Care Fee is an additional amount that some people pay toward the cost of their day-to-day care which is determined through a Centre Link means tested assessment.
- Extra Services Fees are applicable as St Louis has been recognised as offering the extra facilities and quality hotel-type services-
 - Smart TV's for resident use
 - Access to cable TV in resident lounge
 - Resident Wi-Fi internet access
 - Variety and choice in meal selection including wine with evening meals
 - Regular resident outings and activities
 - Performances and entertainers



Next Steps

Apply in just three steps

Because we know transitioning into residential care can seem complex and confronting, St Louis has introduced a three-step application process to make your move into our home as worry-free as possible:

Ensure you're eligible to stay with us

To be eligible to move into residential care, you must first be assessed by the Australian Government Aged Care Assessment Team (ACAT). This straightforward process can be easily arranged by asking your GP or hospital discharge unit for an ACAT Assessment.

Come and visit St Louis

We want you to meet the St Louis care team and visit our nursing home before you apply to stay with us. So, call and make a time to visit and we'll take you on a tour and proudly show you our facilities and the lifestyle we offer to residents. This is also a great opportunity for you to ask any questions you may have about life at St Louis, such as care arrangements, fee structures, resident lifestyle and current room availability. If you're interstate or otherwise unable to visit us in person, we'd be happy to send out an information pack.

To arrange a visit or request an information pack, please call us on 8272 3344

Complete your application forms

To formally apply for residency with St Louis, please request an application kit. This kit contains several forms that need to be completed with basic personal, medical and legally required financial information. Throughout this process, St Louis admissions staff are available should you need help understanding any element of these application forms.

Subject to room availability, St Louis will confirm acceptance of your application either directly or via your authorised representative. Our admissions team will then work with you and your family to establish a time frame for your transition into our nursing home.

Personal and individualised care

As you are welcomed into our nursing home one of our highly qualified Registered Nurses will sit down with you to listen to what is important to you. Together we will work with you to create a plan of support that you choose, and that helps meet your unique physical, mental and emotional needs. The support and care you will receive at St Louis are underpinned by our core values of Dignity, Respect, Fairness and Choice.

Find out how
our family can
help take care
of yours.



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St Louis On Blyth - Retirement Units
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Celebrating diversity

Provider of Quality Aged Care since 1946
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